Message From the Relieving Principal
Dear parents

We thank Mr Hausen for a great week with the senior and junior class and welcome Ms Goss back on Monday.

Some students will be involved in KEEP and the Year 6 are invited to their Music Taster activities also on Wednesday afternoon. Well done to our students who are enthusiastically involved in so many of these opportunities.

On Wednesday we had a visit from a representative of Keep NSW Beautiful "Environ Mentors". Louise took the students through a number of activities covering the topic "What's In Our Bins?" Congratulations to all students whose behaviour was excellent and also how they expressed their knowledge on the topic.

Operation Art
Last Friday Tabitha and I went to South Grafton Public School to participate in Operation Art, which was really fun. The whole day was themed around dragons and we did four full artworks - a drip painting dragon, a charcoal dust shadow dragon, a mixed media dragon and a clay sculpture of a dragon.

By Ayla Hausen

FROM THE LIBRARY
Congratulations to all Rukenvale students who, during Term 3, improved overall their returning and borrowing from our wonderful library facilities.
Well done!!

Readers are Leaders
Term 4 at a glance

Week 22nd October - KEEP & Taster Yr 6
Friday 24th October - Mobile Library
Wednesday 29th October - P&C meeting
Friday 31st October - Tuckshop
Monday 10th November - KEEP
Monday 17th November - Lake Ainsworth
Monday 24th November - Intensive Swimming starts
Monday 8th December - KEEP

Weekly Awards

Ayla Hausen for a mature and considered outlook of school procedures.

Congratulations to the following students this week:-
Rhys Ryan for Great work in spelling, reading and writing.
Deagan King for showing leadership in sport and improved listening in class

P & C News

P & C meeting on Wednesday 29th October. Peter Campbell, School Education Director, to attend. All welcome, please come along.

Fitness Improves Academic Performance

How to help kids be more active

- Encourage kids and teens to try different sports or activities so they can find one or more that they really enjoy and want to continue with.
- Start slowly and build up the amount of physical activity that your children do, particularly if they haven't previously been very active.