From the Principal

Dear parents,

The students all attended the COLOURSS swimming carnival last Friday and it was a great success. Many of our senior students entered races and all tried their best. The behaviour of our students in and out of the pool was excellent. It was fantastic to see and hear students from our school cheering on their school mates. Well done to Eli Hausen for runner up Junior Boy champion and Oliver Hausen for 11 year age champion.

A huge thanks to all the parents who supported our BBQ and cake stall, the food all looked and tasted delicious! Also a big thank you to the parents who volunteered their time to work on the stall during the day - Rukenvale PS is truly supported by our community. A special thanks to Abby Sawford and David Hausen for purchasing the BBQ food items.

Last Thursday I attended a meeting with other Principals in Lismore to discuss the new School Plan model and the school Excellence framework. It was a valuable and informative day.

Last night I attended my first P & C meeting after a lovely welcome BBQ. The meeting was well attended and afterwards we discussed our school and parents helped with some informative and insightful responses. This information will be used to formulate our school vision. Thank you for your great responses.

Kind regards
Kerry Flick

Congratulations to the following students this week:-

Eli Hausen for enthusiasm and application in all Maths tasks.

Rhys Ryan for applying himself to all writing activities and using his own ideas.
Term 1 Dates

Friday 27th February - Tuckshop, Mobile Library

Tuesday 3rd March - NRL

Friday 20th March - Tabloid Sports morning

Monday 23 March -- Harmony Day

Friday 27th March - Tabloid Sports morning, mobile library, Tuckshop

Tuesday 31st March - Social

Thursday, 2nd April - Last day of Term 1

Community News

Kyogle Soccer - Season 2015

Calling all soccer players young and old, our season is about to start. Sign on information mornings will be held on the 21st and 28th February from 10am to noon at Foyer shop near Gateway Office Supplies. Players should register online using the “My Football Club” website. Any questions can be directed to kyoglefc@ffnc.net.au or to Glenn Rose on 0418264968.

Vegie Prices dropped 10% since last year, according to the CPI. There’s never been a better time to increase your family’s vegetable consumption.

- Send carrot sticks, cauliflower or sugar snaps for Crunch & Sip
- Add grated carrot and mixed lettuce to lunch sandwiches or wraps
- Aim for at least one yellow AND a green vegetable on your dinner plate
- Half the plate should be yellow and green vegetables, a quarter meat/fish/chicken/lentils/beans and a quarter starchy potato/rice/pasta.
- Add grated or chopped vegetables to pasta sauces, stews and casseroles.

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Lost:

1 black school shirt - size 12 at the pool. If found please return to school.